

Interview Checklist

Do you feel you are 'interview ready'? Have you:

- ☐ Re-read the job description and employer competencies?
- ☐ Re-read your application, particularly your personal statement?
- ☐ Considered questions you may be asked and prepared answers with different examples to highlight skills and experience?
- ☐ Prepared the key things you would like the employer to remember about you?
- ☐ Practiced saying your answers out loud? Try with a friend or relative, in a mirror, or record and play back to yourself.
- ☐ Practiced using the STARR technique to frame your answers?
- ☐ Researched the company?
- ☐ Researched the industry/profession?
- ☐ Prepared questions to ask about the company or job?
- ☐ Researched the format of the interview, prepared what you are going to wear and how to get there?
- ☐ Prepared some relaxation techniques to practice before going into the interview?

Further information: <https://www2.worc.ac.uk/careers/resources.html>

If you would like to book a careers appointment, please visit:
<https://worcester.targetconnect.net>

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